

AN UPDATE ON MR PRAHLAD JANI'S CASE (2010)

WITH FEW DISCLAIMERS

- (1) This is an update on Mr. Prahlad Jani's case. He is currently 82 years. At his will and with his informed consent he was kept under strict observation for 15 days, recently at Sterling Hospital, (NABH & NABL accredited hospital and lab) Ahmedabad, Gujarat. The principal investigator was DIPAS team of scientists (Defense Institute of Physiology and Allied Sciences, one of the most credible and important research lab of Indian DRDO-defense research and development organization, Delhi). Numerous top and highly qualified scientists are working at this lab on research, based on human physiology and basic sciences. The team of Doctors from Ahmedabad from various specialities joined as co-investigators. Sristi organization (Prof. Anil Gupta) did wonderful coordination of the project and Govt. of Gujarat provided financial guarantee and support. CEO, Sterling hospital Mr. Rajiv Sharma and his team provided technical and logistic support for this research project.
- (2) While putting this update here, we on behalf of doctors' team, sincerely acknowledge each and every person who supported this research project, the intention of which is purely promotion of science and human welfare. We all wanted to review whether this curious phenomena exists and if so how to explain it and how to apply it for human welfare. We realized that, if this whole phenomenon really exists in a human being even for 15 days, it would have immense application in unraveling secrets of medical science and its application for human welfare. Science, be it medical or other, is never final, it is a continuous process of new discoveries and research. Therefore, instead of ignoring this case, we selected to investigate further, in a rational and scientific way. We again make it clear that the purpose of this study was not to prove or disprove a person, but to explore a possibility in science and study a new phenomenon.

We sincerely want to thank Mr. Prahlad Jani whose cooperation during the whole project was utmost. We know that he has nothing to gain, but his desire to be useful to the cause of humanity (and Indian soldiers in particular) by offering his body for noninvasive scientific tests has brought him for observational study at this extreme age. He provided an opportunity to study the phenomena. The investigators also took care that the safety, privacy, dignity and human rights of Mr. Jani were honored. Also we must thank his elder brother who was a genetic control in this study and also the followers who were quite supporting.

- (3) We sincerely thank DIPAS director Dr. G. Ilavazhagan and his team of more than a dozen scientists who worked day and night with strict monitoring of protocol (protocol approved by two independent and legally constituted ethics committees one at Delhi level and other at Ahmedabad level) and conducting various and advanced tests on physiology and basic sciences on Mr. Jani.

Once again we acknowledge Prof. Anil Gupta (Sristi organization) and his team, Govt of Gujarat and CEO and his team and the medical and paramedical personnel at Sterling hospital. We must also send a note of full appreciation to our team of 35 super-specialist and specialist doctors from different hospitals who offered their voluntary free services for studying various systems of Mr. Prahlad Jani. We all looked after clinical and medical aspects and safety of Mr. Jani. The team consists of the topmost consultant doctors of Ahmedabad with very high credentials (with many of them having training in India and abroad) and they represent various fraternities of

medicine. The team studied Mr. Jani with daily clinical examination, and periodic blood testing for haematology, biochemistry and hormonal studies. Also, periodic ultrasound examination, MRI studies of brain, chest, abdomen and MR angiography of different vessels, Doppler flow studies, EEG, N C V examinations and other relevant studies of different organ systems. A continuous and critical dialogue between these doctors and DIPAS scientists was the key factor for the purpose of complete and satisfactory evaluation of Mr. Jani and the phenomena. Indeed, it was a wonderful experience working together as a team exploring something extremely unusual and hitherto unexplained phenomenon with available scientific knowledge.

- (4) Before we put the update on observation study below, we once again humbly clarify that we have done the study for 15 days and we can not really comment for or against Mr. Prahlad Jani's claim of remaining without food or water for several years.
- (5) The investigators intend to carry on dialogue by periodic meeting among themselves with data processing as and when the data come through, to come out with some scientific conclusions which will take some time. The publication of the study in a scientific journal can only be considered thereafter at the discretion of principal investigator.

Kindly find below, the press release done on 6th May-2010 evening by the principal investigator- DIPAS Directors, at the completion of observational study of Mr. Prahlad Jani, which is self explanatory.

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AN UPDATE ON OBSERVATIONAL STUDY OF MR. PRAHLAD JANI AT STERLING HOSPITAL AHMEDABAD BEING DONE BY DEFENCE INSTITUTE OF PHYSIOLOGY AND ALLIED SCIENCES (DIPAS), DRDO, DELHI IN COLLABORATION WITH STERLING HOSPITAL, SRISTI AND GOVT. OF GUJARAT

1. An observational study on Mr Prahlad Jani was carried out for 15 days wef 22 Apr 2010 to 06 May 2010, who claims to survive without food and water and not passing urine and stool.
2. Observational study to understand the mechanism by which he is able to survive without food and water. Such a scientific understanding of the mechanism of survival may help in working out survival strategies under stressful and extreme conditions. This may have application during natural calamities and disasters.
3. The study was carried out under the continuous observation by a team consisting of scientists from DIPAS and doctors from Sterling Hospital Ahmedabad along with other coordinating agencies like SRISTI/ Govt of Gujarat and other consulting doctors.

4. The study Protocol duly cleared by the Ethical Committees of DIPAS and Sterling Hospital was strictly followed and all efforts were made to see that privacy, safety, security and dignity of Shri Prahlad Jani was not compromised at any stage during the study.
5. The present study is limited only to the period under observation i.e. 22Apr 2010 to 06 May 2010.
6. During the study a protocol of round the clock strict surveillance was followed with the help of CCTV camera and personal observations. He was taken out for MRI, USG and X-Ray and exposure to sun under continuous video recordings.
7. Periodic clinical, biochemical, radiological and other relevant examinations were done on Shri Prahlad Jani. All reports were found within the safe range throughout the study.
8. During the above observation period Shri Prahlad Jani has not consumed anything and has not passed stool. The only contact with any form of fluid was during gargling and bathing periodically during the study beginning from 5th day of study.
9. Mr Jani has also not passed urine from his body during the observation period; however the claim will be scientifically substantiated after analysis of investigations carried out.
10. All the reports and results will be scientifically analyzed, subsequently and will take some time. The entire study team will meet periodically to discuss the findings and draw valid conclusions.
11. The study could not have been possible without the utmost voluntary cooperation for each part of the protocol by Shri Prahlad Jani, his brother who was a genetic control in the study and his followers who ensured smooth conduct of the study.
12. DIPAS places on record the appreciation for Prof. Anil Gupta, SRISTI, Dr. Sudhir Shah Neurologist, Dr Urman Dhruv, Sr Physician and other members of the team for their extraordinary initiative, relentless enthusiasm, tireless efforts and selfless dedication for completion of this study. In particular, DIPAS acknowledges the contributions of Dr. Sudhir Shah (Neurologist), Dr. Urman Dhruv (Physician & Endocrinologist), Dr. Himanshu Patel (Nephrologist), Dr. Navneet Shah (Physician & Endocrinologist), Dr. Sudhanshu Patwari Gastroenterologist, Dr. Nilay Mehta Gastroenterologist, Dr. Kandarp Parikh (Urologist), Dr. Hemant Patel (Radiologist), Dr. Mrugesh (Radiologist), Dr. Dinesh Patel (Radiologist), Dr. Sanjeev Patel (Radiologist), Dr. Shrenk Shah (Cardiologist), Dr. Mukesh Patel (Pulmonologist), Dr. Bansi Saboo (Physician, Endocrinologist), Dr. V.N. Shah (Physician), Dr. Amit Bhatt (Physician, Neurologist), Dr. Raisa A. Vhora (Physician), Dr. Sanjeev Haribhakti (Gastrosurgeon), Dr. Hitesh Chawra (Gastrosurgeon), Dr. Sanjeev Shah (Pathologist), Dr. Bipin Patel (Pathologist), Dr. Atul Patel (Infectious Disease Specialist), Dr. Sapan Pandia (Rheumatologist), Dr. Jayesh Sheth (Genetician), Dr. Ruchir Shah (ENT), Dr. Urmit Shah (Ophthalmologist), Dr. Heli Shah (Intern), Dr. Shalin Shah (Neurologist) Dr. Parag Rindani (Corporate -Medical Director), Ms. Namisha Gandhi (Revenue Assurance Head and EA of Chairperson), Mr. Dharendra Chudasma (Corporate Head of Clinical Research), Mr. Jignesh Lakhtaria (Study Co-ordinator), Ms. Monika Rajput (Study Co-ordinator), Ms. Shreya Singh (Study Co-ordinator), Mr. Hirak Nandi (Study Nurse), Mr. Avinash (Study Nurse).
13. We thank Sh. Rajiv Sharma, CEO and all the staff of Sterling Hospital Ahmedabad, for providing all the necessary technical and logistic support for this study. We also thank the Government of Gujarat for their support and providing financial guarantee.

DIRECTOR, DIPAS